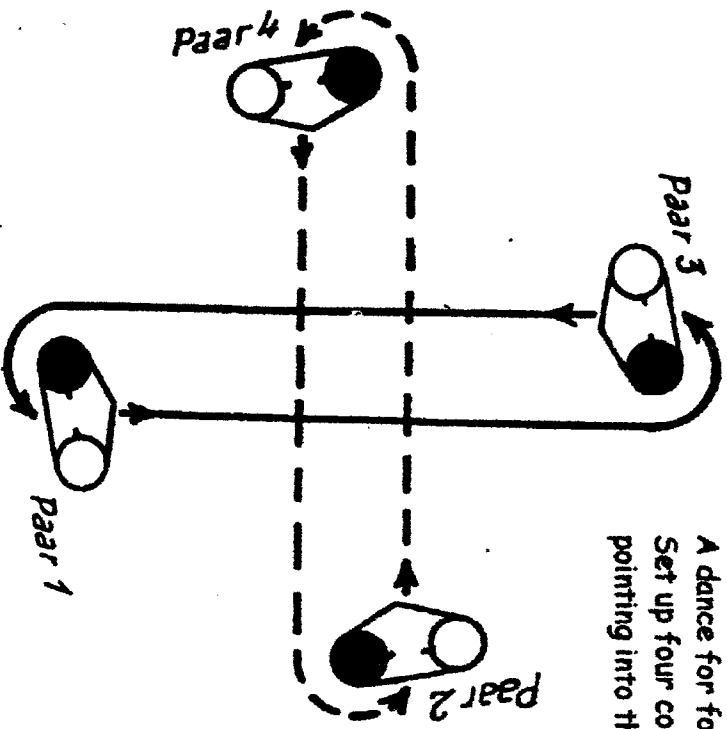


# Kreuzpolka

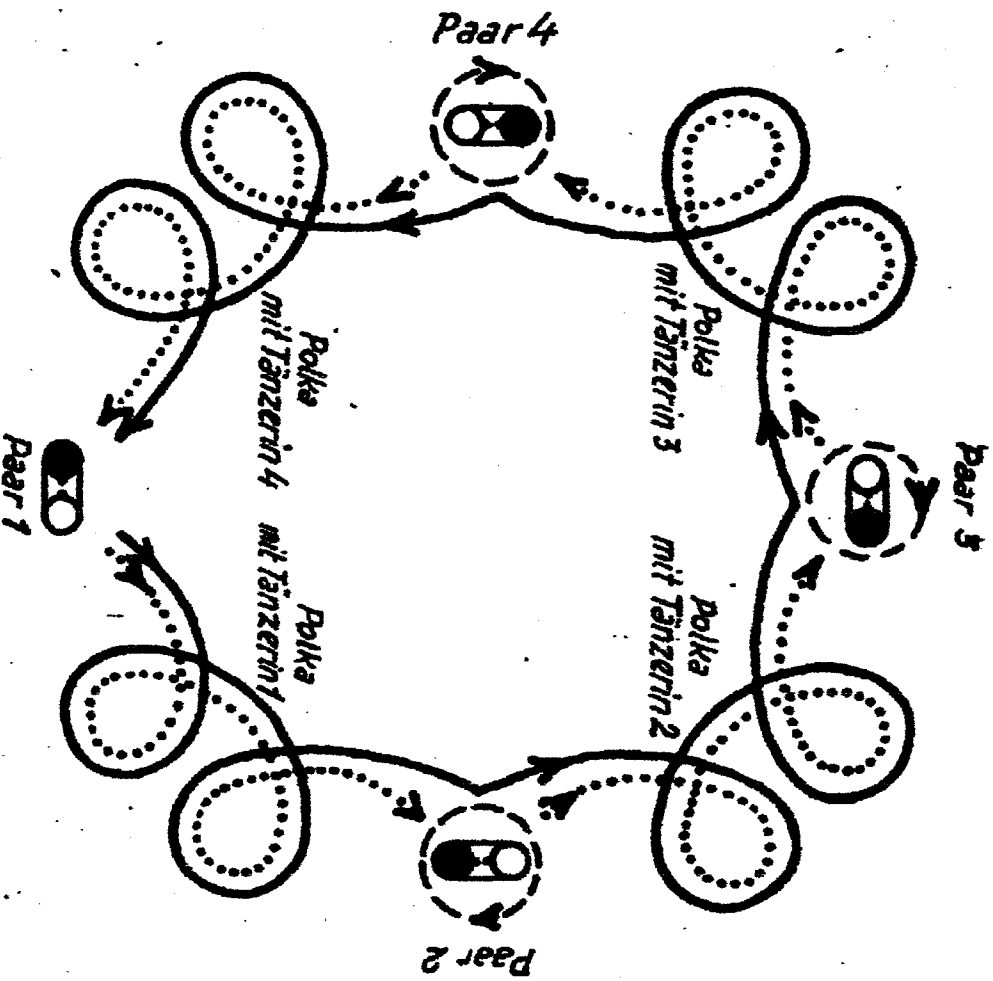
Gastein

A dance for four couples  
Set up four couples in a square formation. Ballroom position. Outstretched arms pointing into the center.



- Meas. 1-4      Couples 1 and 3 change places using a sliding step  
                  (The couples pass each other, men, back to back);  
                  once in the new spot take a half turn to the left  
                  to face center again.
- Meas. 5-8      Couples 2 and 4 change places the same way
- Meas. 1-4      Couples 1 and 3 switch back to original places
- Meas. 5-8      Couples 2 and 4 switch back to original places

Meas. 9-16



Couple one, dancing polka, dances over to couple two (meas. 9-12) Man from couple one exchanges partner and leaves girl 1 with man 2. Man 1 and Girl 2 dance over to couple three (meas. 13-16) Man 1 exchanges partner and leaves girl 2 with man 3. Man 1 and girl 3 dance over to couple four (meas. 9-12) Man 1 exchanges partner and leaves girl 3 with man 4. Man 1 and girl 4 now dance back to man 1's original spot (meas. 13-16).

All couples are dancing polka the entire time in their spots.

The dance now goes back to the switching of couples:  
Part 1

The dance repeats 4 times until all couples are back to their original partners.

**Important notes to make this dance successful:**

- Couple One must be determined prior to the start of the dance.
- Man from Couple One always starts the slides in Part 1 regardless of partner.
- The couple containing Girl 1 is always the couple to start moving around the square during the partner exchanges in Part 2.