



You're cordially invited....
to submit recipes
of ethnic origin; your family's European recipes
for the upcoming UGH Cookbook

We are looking for all types of recipes with European heritage from basic, traditional to your family favorites.

- Appetizers
- Soups
- Salads
- Sauces
- Breads, rolls, pastry
- Main entrees
- Side dishes
- Vegetables
- Pickling, relishes
- Cakes, cookies, desserts
- Wurst, liverwurst making, smoked meats
- Seasonal foods, harvest foods
- Holiday favorites, Christmas, Easter
- Heritage dishes for weddings, showers, christenings
- Wine-making
- Schnapps

Does your recipe have a history? Include it under recipe notes. (i.e. Nut Torte (my father's favorite from Hungary handed down from his mother)

To submit recipes:

Recommended:

Online:

<http://www.cookbookpublishers.com/utypeit/index.cfm>

Click: **"LOGIN"**

Username: **UGH**

Password: **UGH**

Click "login"

You will be prompted with instructions to add your recipes.



or

E-mail entry to: ugh.club@comcast.net

or

US Mail to:

UGH Cookbook Committee

c/o Susan Galgon

103 Lindsey Place

North Wales, PA 19454

All recipes are welcome but final entries will be at the discretion of the cookbook committee.

- Recipe entry deadline: April 15, 2010
- The Cookbook is scheduled to be completed by July 31, 2010. Orders for cookbooks will be taken upon completion.
- Questions, please email ugh.club@comcast.net or call Susan Galgon 215-361-1068.